

# ALOHA PHYSICAL THERAPY

## **Our warmest Aloha to our past, present, and future patients!**

We at Aloha Physical Therapy hope this message finds you healthy and in a pain-free state of being!

Welcome to the first edition of **SPOTLIGHT ON HEALTH**, the newsletter from Aloha Physical Therapy. Here you will find information about all things health oriented! We will list upcoming events, post information about people and places in our windward community who have services to offer, news to share, exciting announcements to make, and special offers for you!

## **We are happy to announce that we opened a new clinic in Kailua!**

We now have two locations to serve you on your path to healing and health. We are still in Kaneohe! And now we have an additional location at **25 Maluniu Avenue, Suite 201** (above Paul Brown Salon, behind Cinnamon's).

## **We have teamed up with Windward Fitness and have a great offer for our past and present patients!**

Have you been thinking about joining a gym for a while but simply haven't gotten around to it? Do you envision a fitter you? Would your mental state benefit from regular exercise? Would access to gym equipment better stabilize your injury? Are you trying to manage your weight? Now is your chance to join a gym! Mention the Aloha Physical Therapy email offer and you can join Windward Fitness for a discounted rate of \$40.00 per month. You choose which three days of the week you want to work out. Then come to workout any time of day or night between 5:30 am and 9 pm. **Mention this offer and Windward Fitness will waive the membership fee! Which means that you save \$99.00!**

There are massage therapists on site as well as personal trainers. Not to mention Aloha Physical Therapy!

Call 263-0101 now to take advantage of this special offer!

**Do you know of any upcoming events?** Would you like to share health related information or offer services to our community?

**If so, please email us!** Include your name, telephone number, and email address.

### **Aloha Physical Therapy**

25 Maluniu Avenue Suite 201 Kailua HI 96734

45-1144 Kamehameha Highway Suite 305 Kaneohe HI 96744

Tel 808 235 7999 Fax 808 235 7992